## Shrewton Running Club Run Leaders Meeting Tuesday 3 January 2023, 7.30pm The Plume of Feathers

Attendees, Kelly Doris (KD) - minutes, Darrell Benge (DB), Kevin Ford (KF), Philippa Royston (PR) - Chair, Chris Pople (CP), Jason Rifat (JR), Enid Frantilla (EF) and Simon Marshall (SM)

**Apologies: Nil** 

bullet point minutes	Action
Welcome	
The Chair of today's meeting (PR) welcomed the run leaders to	
the meeting and explained the reasons for the meet following	
recent feedback and members dropping off.	
<ul> <li>Suggestion of putting forward dates/days of when run leaders are and are not available</li> <li>Aim to provide 2 options at each club run</li> <li>Aim to offer 3 options where numbers are larger</li> <li>Communication is an issue, not everyone is familiar with Slack, a WhatsApp group was suggested but thought to be too many platforms to look at, however, a WhatsApp group for Run Leaders may work</li> <li>Tuesday training could be offered on the Wednesday if not available on the Tuesday</li> <li>Feedback is that runs are for some too fast or too long</li> <li>It was thought there should be a club etiquette where runners start and finish together, looping or pausing so</li> </ul>	
<ul> <li>that the runners aren't separated</li> <li>JR spoke of the terminology for runs and would prefer to offer a social run rather than a slow run</li> <li>new run leaders to be recruited, Jo F and KD keen and to be put forward for decision to be made</li> <li>Individual run leaders decided on days they could more often than not commit to.</li> </ul>	
Meeting finished 8.20pm  Date of next meeting: Tuesday 28 March 2023 7.30pm	