

Shrewton Running Club Committee Meeting

Tuesday 6 September 2022, 7.30pm

The Plume of Feathers

Attendees: Kevin Ford (KF), Jane Chapman (JC), Kelly Doris (KD) - minutes, Darrell Benge (DB), Abigail Cruse (AC), Chris Pople (CP) and Stephen Tarr (ST)

Apologies: Philippa Royston (PR) and Simon Marshall (SM)

Minutes	Action
<p>1. Welcome KF welcomed attendees to tonight's meeting</p>	
<p>2. Apologies KF apologised on behalf of those committee members not present.</p>	
<p>3. Declaration of AOB</p>	
<p>4. Confirmation of Minutes from 6 July All agreed and signed. To be emailed to LK to be uploaded to website.</p>	KD
<p>5. Matters Arising</p> <p>a. Notice Board – now ordered. £600 sent from Parish Council. Total cost was £930. Logo has been put on top. Club members will erect themselves. DB will add the sponsorship from council to the board.</p>	DB
<p>b. WRRL / taking part – Club have attended Heddington and Lacock. Devizes is quite popular.</p>	
<p>c. WORL – Promote attendance of off road races.</p>	All
<p>d. Clarendon Way – 10 attending. CP has booked the transport for the day, £30 for the hire and top back up with fuel. Use the club magnetic signs and flags. DB will drop these to CP. KF thanked CP.</p>	DB
<p>e. SRC Off Road Race (27 November) – 10 entries already. CP and ST have printed out some posters. CP will print an extra 20 x A5. DB thought of buying a banner. KF will contact Stonehenge Trader about placing an advert for this race. Race permit is done,</p>	CP KF

Police have been informed. DB max are producing the numbers. Race meeting on Tuesday 13 September. 200 ribbons have been ordered, we have the medals and just need to talk to Dave Coley for Pottery trophies.	DB
f. Club members – promote KF asked if committee wanted to advertise in the Stonehenge Trader. CP suggested advertising the Yomp. KF suggested promoting in Durrington Leisure Centre or Tidworth. ST to update posters around the village. CP/DB will look at the Strava.	ST CP/DB
6. Run Leaders update DB will re send SM the info he needs.	DB
7. SRC Events	
a. Club cycle ride out and pub lunch – KD to speak to Philly and start to plan for a Sunday. The Swan was suggested as a suitable place for refreshments and non-club members/family to be invited.	KD
b. Club social evening ?monthly ?quarterly KF suggested the Saturday night monthly at the Plume. Last Saturday of every month, 24 September for first one. Promote on the notice board and Slack. Ideas : Tech Night, Quiz, darts, food.	KD done
c. Organised runs elsewhere KF would still like to do the Allington run, Sunday 20 November 2022 is the date agreed for this. KF to promote on Slack. 21 December is also a possibility for a run to Stonehenge.	KF
d. Parkrun – promote/encourage JC suggested car sharing and a WhatsApp group for parkrun. Could offer Breakfast at Fisherton Mill café after run. KD to put a story in Slack and add WhatsApp group	KD done
e. C25K 2023 – Start Tuesday 7 March 2023.	
8. Reports – Secretary/Treasurers/Welfare Treasurer's report – current account £5,106.00. £723 outgoings. Membership comes in as stripe. Yomp are direct BACS entries. Club affiliation fees £250, Fees Stripe = £960. Welfare report – CP informed attendees that it is World Suicide	

<p>Prevention day on 10 September. He mentioned a 20 min course that can be completed on your phone. CP told the group to ask them how they are going to do it if they ever have anybody talk about taking their own life. CP will provide KD with the link. 10 October is also Mental Health Day. Physical fitness is linked to a healthy mind. CP offered his contact number to be shared with club members for anyone to call if they want to talk. Chris happy to talk. KD to add this to Slack. Committee members made aware that is also the time for SADS and that club members need to be made aware that it's ok not to be okay. The club will offer a Walk and Talk on 11 October. JC to promote awareness of this.</p> <p>9. Champions League – the future LK doesn't want to manage Champions League next year. AC mentioned that she doesn't look into what she has to do to get points for this league as she thinks she has no chance of winning it. DB suggested running it on a handicap basis. KF will ask LK to do it until the end of the year. Runner of the month to be a feature on the notice board.</p> <p>AOB: Communication to members - all committee members aware that we need to communicate more. More pro active comms. Could put minutes straight on website to aid communication instead of waiting for the next meeting for sign off. It was suggested that the Chairman's report could be added to Slack in the form of bullet points after meetings with links to minutes that have been uploaded to website.</p> <p>Club visits - KF would like to approach a coach at Salisbury Running Club to see if the team can visit the club and track.</p> <p>ST asked if committee members could give him details when something needs paying.</p> <p>Meeting finished 9.10pm</p> <p>Date of next meeting: Tuesday 11 October 2022 7.30pm</p>	<p>CP</p> <p>KD done</p> <p>JC</p> <p>KF</p> <p>KF</p> <p>KF</p>
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